

A Guide for Parents: How to Support My Children in their Learning

Research studies have shown that every parent can help their child do well in school.

Your parenting practices and the relationship you build with your child's school will help your child succeed.

Parent Practices to Help Children Learn:		
A. Parent-Child Relationship	B. Routine of Family Life	C. Family Expectations and Supervision
<ol style="list-style-type: none"> 1. Daily conversation about everyday events <ul style="list-style-type: none"> ✓ Spend a few minutes daily with each child, talking and listening with patience and love. ✓ Take time to understand your children's world e.g. their friends, activities, music, etc. 2. Showing affection <ul style="list-style-type: none"> ✓ Show love to your child in many ways, from hugs to praise to special time together. 3. Family discussion of books, newspapers, magazines and TV programmes <ul style="list-style-type: none"> ✓ Talk with your child about what he / she is reading and what 	<ol style="list-style-type: none"> 1. Formal study time at home <ul style="list-style-type: none"> ✓ Make daily study time a "family value", something each child does with or without homework assignments from school. 2. Daily routine <ul style="list-style-type: none"> ✓ Establish a family routine with regular mealtimes, bedtimes, hw time and outdoor play / exercise. ✓ Make sure your child eats healthy, nutritious foods and visits a doctor and dentist regularly. 3. A quiet place to study and read <ul style="list-style-type: none"> ✓ Find a spot with good light for reading / studying area. 	<ol style="list-style-type: none"> 1. Priority given to schoolwork and reading over television and recreation <ul style="list-style-type: none"> ✓ Set time limits on TV, computer, phone. Too much time at a screen takes away from time your child should be spending somewhere else. 2. Children expected to be on time <ul style="list-style-type: none"> ✓ Ensure your child pack their bags each night with everything they need for school. 3. Children expected to do their best and take responsibility for what they do <ul style="list-style-type: none"> ✓ Emphasise good study habits and a good attitude toward school. ✓ Praise your child for real effort

<p>you are reading.</p> <p>4. Family visits to places where learning is a family activity</p> <ul style="list-style-type: none"> ✓ Go with your children to places where learning is a family activity e.g. libraries, museums, zoos, etc. ✓ Encouragement to try new words ✓ Make a family game out of looking up new words, e.g. who can find the most new words in the newspaper, or who can guess the correct meaning of a new word heard on TV before you look it up in a dictionary. 	<p>4. Family interest in hobbies, games, activities of educational value</p> <ul style="list-style-type: none"> ✓ Share family stories and traditions; they give a sense of meaning and belonging. ✓ Set times for family fun, such as a regular weekly game night. 	<p>and good attitudes about school work.</p> <p>4. Concern for correct and effective use of language</p> <ul style="list-style-type: none"> ✓ As much as you can, model proper English (and Mother Tongue, if applicable). ✓ Show and model courtesy when talking with your children by using 'please', 'thank you'. <p>5. Parental knowledge and discussion of what is being watched on TV and computer</p> <ul style="list-style-type: none"> ✓ Make sure you know what your child sees, and use shows as a chance to talk about values. <p>6. Parental knowledge of school achievement and personal growth</p> <ul style="list-style-type: none"> ✓ Talk to your child and your child's teachers often. ✓ Check your child's progress: review report books / result slips, attend parent-teacher conferences.
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Parent-School Relationships that Support the Child's Learning

A. Communication	B. Involvement in School	C. Homework
<p>1. Parent-Teacher Conferences (& Parent-Teacher-Student Conferences)</p> <ul style="list-style-type: none"> ✓ Take questions you have to the conference, and discuss what is on your mind. ✓ Let the teacher know you are watching your child's study habits and attitude toward school. ✓ Ask the teacher what he/she, you and your child should do next to support learning. <p>2. Report Card</p> <ul style="list-style-type: none"> ✓ Ask for a time to meet with the teacher if you have any concerns about your child's report card. ✓ Ask the teacher how you can support your child in areas he / she may need to improve. 	<p>1. Attend school activities</p> <ul style="list-style-type: none"> ✓ Go to school plays, sports events and award ceremonies. Even if your child isn't participating, these events are fun and great opportunities to get to know other children, their parents and teachers. <p>2. Attend Parents in Partnership Programmes</p> <ul style="list-style-type: none"> ✓ Some of these programmes are educational as they provide parents with knowledge and skills to raise your child and support their school success. ✓ Volunteer help at school, if you can ✓ E.g. accompanying teachers and students for field trips / learning journeys, share hobbies and talents with the class, etc 	<p>1. Be positive</p> <ul style="list-style-type: none"> ✓ Tell your child how important it is to study and do their best at school. ✓ Expect children to study at least 10 mins per grade level per day (e.g. a 7th grader (equivalent to sec 1) would study for 70 minutes per day) <p>2. Set a regular study time and place</p> <ul style="list-style-type: none"> ✓ Make sure the study place has good lighting ✓ Remove distractions, including TV and phone ✓ Pick a time when your children will study each evening; don't let them wait until just before bedtime. <p>3. Set a good example</p> <ul style="list-style-type: none"> ✓ Try to do some of your own 'homework' while your child studies, such as bill paying,

<p>3. ECG Portal</p> <ul style="list-style-type: none"> ✓ Navigate the portal together with your child (your child has a personal account from Pri 5 onwards). (Refer to handout) ✓ Opportunity to gain a better understanding of their interests, abilities and future aspirations. ✓ Help your children discover their interests and develop their strengths. ✓ Guide them to make informed education and career choices that will impact their future significantly. <p>4. School Letters / SNAAPP</p> <ul style="list-style-type: none"> ✓ Check with your child daily for any letters or flyers from school and read them. ✓ Answer and return consent forms, surveys, etc. ✓ Download SNAAPP onto your smart phones. It provides daily updates on attendance & latecoming, as well as notifications of school events. <p>5. School Website / Social Media / Ask & Learn Portal</p> <ul style="list-style-type: none"> ✓ Check school website / 	<p>3. Stay connected with other parents</p> <ul style="list-style-type: none"> ✓ Meet your children's friends and parents. Talk with the parents about their rules and expectations before your children visit them. ✓ At school activities, introduce yourself to other parents and get to know them. Share phone numbers, if you are comfortable with it. 	<p>reading, writing, etc.</p> <p>4. Be interested, available and supportive</p> <ul style="list-style-type: none"> ✓ Encourage your child to work independently. If your child asks for help, listen and provide guidance, not answers. ✓ Watch your children for signs of frustration or failure. Let them take a break or talk through difficulties. <p>5. Stay informed</p> <ul style="list-style-type: none"> ✓ If your child is struggling with homework, approach the teacher positively, as a partner, and find out what you can both do to help your child. <p>6. Help your child with time management</p> <ul style="list-style-type: none"> ✓ Help your children do harder work first, when they are most alert. Easier work will seem to go faster after that. ✓ Help your children keep track of assignments and due dates, especially for larger projects.
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facebook for updates on common tests / exams timetable, school events and activities

- ✓ ASK & Learn parents' portal informs parents about their child's online assignments, submission of travel declaration, holiday assignments, parents' survey.
- ✓ Register and login via mobile app or <https://lms.asknlearn.com/SKSS>

6. Student Handbook – record homework, school calendar

- ✓ Refer to your child's student handbook for school calendar (take note of exam / common test weeks, school events)
- ✓ Check your child's handbook daily for homework to be completed. Ensure your child uses it to record their homework.
- ✓ Ask your child's teacher if you have any questions about assignments being completed or how well they are being done.

7. Reward progress and hard work

- ✓ Serve your child a snack during or after study time.
- ✓ Praise hard work – tell your child if they did well.
- ✓ Celebrate big accomplishments with special treat.